



**SURVIVORS OF
BEREAVEMENT
BY SUICIDE**

National Helpline: 0300 111 5065 9am to 9pm

Supporting North Wales and surrounding counties since 2004

National Office, The Flamsteed Centre, Albert St., Ilkeston, Derbyshire. DE7 5GU.
Tel.0115 9441117 Email.sobs.admin@care4free.net Web.www.uk-sobs.org.uk

Registered Charity: 103981
Charity Company No: 4754829



Supported by Kim Inspire

Working hard to reduce the stigma that surrounds mental health so that people can continue on the path to recovery without prejudices.



Those who are left behind after a suicide can be helped by talking to others who have experienced the same.

The North Wales Support Group meets in Holywell on the 2nd Monday of every month at The Hub, Park Lane: 7:30pm to 9:30 pm

"We will always be here"



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