

Your Carers Support Groups

Parent Carers Standing Stones, Holyhead, 12.00	Tuesday	Social lunch, choose from the menu and pay at the bar	7 June 12 July
Parent Carers Bull Bay Golf Club, Amlwch, 12.00	Wednesday	Social lunch, choose from the menu and pay at the bar	8 June 6 July
Carers Week activity Walk around the Belgian Prom and Church Island in Menai Bridge, Anglesey, 2.00-3.00	Wednesday	Meet in the car park next to the Jade Village restaurant. Bring a picnic if you wish. Please note there are some steps / uneven ground.	8 June
Llanrwst Group Eagles Hotel, 11.00-12.00	Friday	Coffee and chat	10 June 8 July
Get together at Roots Roots Café, Abergele 10.00-11.00	Wednesday	Coffee and chat	15 June 20 July
Social Lunch with Bronwyn and Cynthia, 12.00	Thursday	The Albert, Llandudno Mountain View, Mochdre	9 June 14 July
Pwllheli group Plas Heli, Pwllheli, 10.30-12.30	Monday	Coffee and chat	6 June 4 July 1 August
Gwynedd parent carers online group, 10.30	Monday	Contact us for a link to join the group	20 June 18 July 15 August
Gwynedd parent carers walking group, 10.30	Tuesday	Please contact us for details of the walks.	7 June 15 July

Please note that events may be subject to change. Please check first ☎01248 370797

Booking is essential!

Registered charity number 1066262